



The Font

Fostering connections within the Order of Saint Luke

January/February 2009

This night bestowed peace on the whole world;

so, let no one threaten;
This is the night of the Most Gentle One -
let no one be cruel;
This is the night of the Most Humble One -
let no one be proud.
Now is the day of joy -
let us not revenge;
Now is the day of good will -
let us not be mean-spirited.
In this day of peace
let us not be conquered by anger.
Today the Bountiful impoverished Himself for our sake;
so, rich one, invite the poor to your table.
Today we received a gift for which we did not ask;
so let us give alms to those who implore us and beg.
This present day cast open the heavenly door to our prayers;
let us open our door to those who ask our forgiveness.
Now the Divine Being took upon Himself the seal of humanity,
in order for humanity to be adorned by the seal of Divinity.

From a sermon of Isaac of Nineveh, 7th Century bishop



Prayer and Praise" by Julia
Margaret Cameron
British, Freshwater, Isle of
Wight, 1865
Albumen print

Brothers and Sisters,

I don't need to explain the juxtaposition above, do I?
In a world where, as John Gardner puts it, we face
"a series of great opportunities disguised as insoluble problems"
may you be taken up into God's peace bestowing
and share in the divine life
in all your deeds and words,
imaginings and passion,
thoughts and affections,
for the life of the world.

May we, together, live the Rule of Life and Service
as Christ's dangerous and compassionate liturgy in the world.

I pray for you and all a blessed Christmastide
and New Year lived deeply in the mystery of our common baptism.

Br. Abbot Daniel +

OSL Publications

Sr. Sue Moore, O.S.L. - Publisher Pro Tem

Sr. Nancy Crouch, O.S.L., Editor

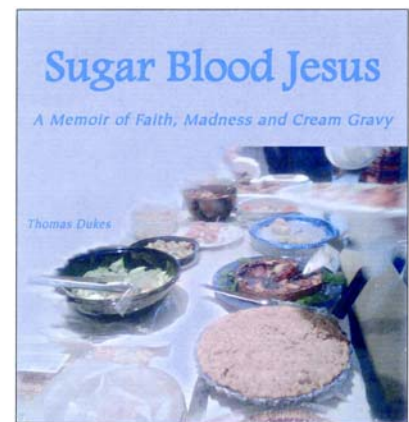
If you are a United Methodist, you may have received a copy of "Portico" from Upper Room Ministries in the past month. It is a combination magazine and catalog. The recent Advent 2008 issue featured an article by Sr. Nancy Bryan Crouch, and highlights a number of OSL Publications.

Coming in February from OSL Publications!

"Sugar Blood Jesus: A Memoir of Faith, Madness and Cream Gravy"

by Thomas Dukes.

One reviewer has said "Reared in the South, diabetic and Baptist and gay, Thomas Dukes somehow survived that perfect storm of cognitive dissonance. How he did so is the main story of Sugar Blood Jesus, his collection of personal essays with a tart charm that's like gossip raised to the level of art. "God gave us gravy," Mr. Dukes writes, and his book feasts on that meeting of food and religion, both inseparable from the doings of his extended and eccentric family."



Available at www.upperroom.org/bookstore

or by calling 1-800-972-0433; product code DRSL63, \$19.95

or through Cokesbury and other fine bookstores.

Wondering how to spend that gift of cash that you received for Christmas? Might I suggest purchasing one or more of the outstanding books from OSL Publications? Our books are available at www.upperroom.org/bookstore or by calling 1-800-972-0433.

Title	Order Code	Author	Price
And Also with You - Year A	DRSL12	Timothy J. Crouch, et al	\$34.95
And Also with You - Year B	DRSL31	Timothy J. Crouch, et al	\$34.95
And Also with You - Year C	DRSL18	Timothy J. Crouch, et al	\$34.95
The Banquets' Wisdom	DRSL50	Gary Macy	\$19.95
Christian Meditation and Inner Healing	DRSL38	Dwight Judy	\$14.95
Church Architecture	DRSL34	James F. White Susan J. White	\$14.95
Come, Come, Everybody Worship	DRSL60	Carolyn Tanner	\$24.95
Daily Office - Vol 1 - Advent through Epiphany	DRSL35	Dwight W. Vogel	\$21.95
Daily Office - Vol 2 - Lent & Triduum	DRSL51	Dwight W. Vogel	\$21.95
Daily Office - Vol 3 - Great Fifty Days	DRSL39	Dwight W. Vogel	\$21.95
Daily Office - Vol 4A - Ordinary Time	DRSL32	Dwight W. Vogel	\$21.95
Daily Office - Vol 4B - Ordinary Time	DRSL33	Dwight W. Vogel	\$21.95

Daily Office Vol. 5 - For All the Saints	DRSL25		\$21.95
Daily Office - Vol 6 - The Daily Lectionary	DRSL43	Mark Stamm, Hoyt Hickman	\$21.95
Earthly Good - Reflections of Life and God	DRSL47	Martha Sterne	\$16.95
Eucharist and Eschatology	DRSL37	Geoffrey Wainwright	\$24.95
The Eucharistic Hymns of John and Charles Wesley	DRSL55	J. Ernest Rattenbury	\$24.95
Food for Pilgrims	DRSL28	Dwight W. Vogel	\$14.95
Good Lord, Deliver Us	DRSL41	Rowan Crews	\$14.95
I Belong to God	DRSL58	Carolyn K. Tanner	\$24.95
In Her Own Rite	DRSL40	Marjorie Procter-Smith	\$19.95
In Spirit and Truth	DRSL53	L. Edward Phillips, Sara Webb Phillips	\$16.95
John Wesley's Prayer Book	DRSL10	James F. White	\$14.95
Lift Up Your Hearts - Year A	DRSL23	Michael J. O'Donnell	\$34.95
Lift Up Your Hearts - Year B	DRSL45	Michael J. O'Donnell	\$34.95
Lift Up Your Hearts - Year C	DRSL42	Michael J. O'Donnell	\$34.95
Liturgy and Learning through the Life Cycle	DRSL21	John H. Westerhoff III, William H. Willimon	\$14.95
The Lord Be with You	DRSL6	Charles D. Hackett, Don E. Saliers	\$24.95
My Great Redeemer's Praise	DRSL22	Carlton R. Young	\$14.95
Ordo: Bath, Word, Prayer, Table	DRSL52	Dirk G. Lange, Dwight W. Vogel	\$19.95
Poetic Justice - Meditations on Year A	DRSL56	Jim Wilson	\$24.95
Quest for the Mystical Christ	DRSL46	Dwight H. Judy	\$16.95
Reviving Sacred Speech	DRSL36	Gail Ramshaw	\$16.95
The Soul in Paraphrase	DRSL8	Don E. Saliers	\$14.95
Sugar Blood Jesus	DRSL63	Thomas Dukes	\$19.95
This Holy Mystery: Study Guide for Children	DRSL54	Carolyn Tanner	\$19.95
Two Ways of Praying	DRSL59	Paul F. Bradshaw	\$19.95
Under the Tree of Life	DRSL48	Gail Ramshaw	\$16.95
Worship and Spirituality	DRSL27	Don E. Saliers	\$16.95

Repeating an appeal made in the last issue of the Font: If our Publications ministry is dear to you, I ask you to consider sending a gift to help us rebuild our stock levels as we continue to implement our partnership with Discipleship Resources. A gift of any size will help us build the inventory we need and bring our books (which are truly an amazing resource for the whole church) to a wider audience. Please indicate "Publications" on the memo line of your check and send your gift to

Brother W. Brent Sturm, O.S.L., Chancellor General
The Order of Saint Luke
25 Tressel Street
White Sulphur Springs, WV 24986-2568 U.S.A.

From the Provincial General

Br. George R. Crisp, O.S.L., revgrc@yahoo.com

As promised, beginning with this issue of *The Font*, a new rotating pattern for sharing chapter information will be used, incorporating new chapters and considering the changed status of other groups within the Order. Chapter news will continue to be drawn from reports made to the Provincial General. However, chapters are always welcome to provide the latest information (or corrections) about their events by directly submitting an article to *The Font*.

Perpetual Reminder: If the contact person for your chapter or association changes due to an election of new officers, or if you are the contact person and you move to a new assignment or change your internet service provider (AOL, MSN, Yahoo, etc.), please be sure to provide the Provincial General with updated contact information.

A group that is in the initial stages of reformation is the **Arkansas Chapter**. Br. Terry L. Sager has met with individuals during annual conference (mid-year) and they agreed to remain connected through e-mail and attempt to find a date in November to meet as a group. Officers will be selected at a later date. Br. Terry reports nine contacts.

J. Warren Smith, Faculty Advisor for the **Duke Divinity School Chapter** writes: “The Duke Chapter remains inactive. If and when students are interested, a chapter will be formed. I, however, will not be the faculty advisor. Blessings on you.”

The **Houston Chapter** is currently inactive (as of October 2008). Sr. Cheryl Smith notes, “I will renew my vows this month, as will others, but we have no active meetings. Perhaps in the new year we will have a chance to re-form. We are currently all struggling to recover from Hurricane Ike, and I cannot imagine adding another thing to anybody’s plate. I am familiar with the Order’s structure and will contact the appropriate sources should our chapter come back together.”

Br. Andrew Ritts reported: “The frequency of the **Missouri Chapter’s** meetings has been irregular, mostly situational, based on conference events. We still are looking for a replacement for prior after Br. Joe Barnes’ resignation.” [*P. G. Note: Some members associated with this chapter may relate to the St. Paul School of Theology Chapter; for others, membership may have lapsed.*]

No report for the **Northern Oasis Chapter** has been filed since October 2006. An e-mail address failure for Sr. Linda Jean Harris may have prevented effective communication. If anyone related to this chapter can provide an update, please contact the Provincial General.

The **St. Benedict Chapter** meets bimonthly during the academic year at Candler School of Theology. “We currently have an operating base of 12-15 members with 50 who have expressed interest. We are early yet in the school year and are juggling schedules in order to facilitate attendance,” reports Br. Scott Wilks, Prior. [*P.G. Note: On September 10, Br. Scott reported that this seminary chapter has a new Faculty Advisor, Dr. Ian McFarland.*]

As of October, the **Singapore Association** had not met due to “poor planning,” but hoped to meet on St. Luke’s Day. The sole officer is George Martzen, Prior (pro tem).

From Southeast Ohio Chapter

Br. Brian McKee

To assist in the formation of the new members who have joined our Chapter, we arrange pfr a monthly Spiritual/Prayer Formation Session at the monthly meetings. The first session for all was "Praying the

Daily Offices". Each month we have explored different topics, including: Praying With Icons, Contemplative Prayer, Susannah Wesley and her spirituality, Christian Spirituality. We are focusing heavily on PRAYER. The above only works when you have members who attend regularly however. I encourage members to keep a spiritual journal/prayer journal if they are comfortable with that.

A focus on the Daily Office is important to us. We are alternating our meetings between two churches - at one church (every other month) we have Sung Morning Prayer/potluck lunch/spiritual formation; at the other church we have the Eucharist (when a Celebrant is available) and then lunch together at a restaurant. By doing the Morning Prayer Office 6 times a year, we model how to pray the office and encourage members to be able to use the Psalms for prayer.

From the Officer for Pastoral Care

Bro. Tom Beveridge, OSL tandaosl@yahoo.com

Sisters and Brothers:

I have on my shelves a book by Majid Ali, a doctor from Pakistan now practicing in New York, with the fascinating title of *The Cortical Monkey and Healing*. If you're wondering what a cortical monkey is, know that you who are reading this are one – an ape-like creature who is endowed with a cerebral cortex. Dr. Ali's mission is to encourage you to think. And he especially wants you to think about how you take care of yourself – which is why I am sharing this with you.

We are all under stress of one sort or another. That's a normal part of life and, as Ali points out, even more so for us, living as we do in a high-speed world where we sit a lot, with a food-delivery system that pumps a lot more sugar into our bodies than is good for us, a degraded environment, and a medical system that puts more emphasis on knocking symptoms down than on providing the supports to hold us up in a healthy way. Dr. Ali wants us to think about what we do in support of our own health.

Picture the façade of a Greek Temple– wide triangular face all of stone with carvings across the front, surmounted by a roof of stone. So the engineering part of your cerebral cortex wants to know what holds all that weight up. As you keep looking you see four heavy Corinthian columns. They are obviously under tremendous stress but together they have held up under all that stone for thousands of years.

In Dr. Ali's model, that image represents the Four Pillars of good self-care: Nutrition, Stress-Management, Fitness and Allergy and Chemicals. These have to do with what you do to provide support for your own health by taking care for good nutrition, by engaging in those practices that help you manage stress, by getting enough exercise to keep yourself fit and by avoiding exposure to allergens and chemicals as much as you can in the real world we all live in.

I learned about Dr. Ali's work a few years ago when dealing with a health threat of my own. I felt very vulnerable at the time. I felt threatened by something I didn't understand very well, and very worried about how serious it might be. There were other burdens that I was carrying at the time, but this felt like the kind of heavy snow and ice that sometimes brings down a flat-roofed building in New England in wintertime. Not wanting to collapse, and with the help of a nutritionist who coached me through the whole process, I spent a lot of time assessing the Four Pillars of my own life and making such adjustments as I could to strengthen them. I will know better in January when I go for a blood test and an annual consultation with my hematologist; however, based on how I have felt for the last year, I can tell you that I have not collapsed despite some particularly heavy stress along the way.

What kind of loving, pastoral care are you giving to your own body, mind and spirit? What do you eat? What attitudes do you cultivate to help you bear up under stress? How much exercise are you getting?

What can you do to protect yourself in a toxic environment? And to suggest a fifth and very important Pillar, how is your prayer life going? Or as used to be asked in early Methodist class meetings, How is it with your soul?"

As a community, we are so good at caring for one another. Brothers and Sisters, please be sure to take care of yourselves, too!

Some news of our community follows. As always, do be in touch with me if you have news you wish to share or if you desire pastoral contact with me. I am especially interested in hearing from those of you who do not participate in the Cyber Chapter, as that has been my major, but incomplete, source for hearing from folk. Write me at tandaosl@yahoo.com or PO Box 891, Bloomfield, CT 06002-0891. Or call me at (860) 243-3388. For the sake of accuracy and to protect confidentiality, it's my practice to check all items ahead of time with the brother or sister concerned.

Peace,
Br. Tom Beveridge, Officer for Pastoral Care

News

Br. Joseph Matthews has been named a postulant for holy orders in the Episcopal Diocese of the Central Gulf Coast. JosephPMathews@gmail.com

Sr. Cindy Loomis-Torvi has shared with us that the plant where her husband *John* works is closing and he was to be out of work by December 15th. Sr. Cindy has asked for our prayers; also for any helpful ideas for work he might apply for. The closed plant built survival trailers used for construction and oil fields projects. John is one of 450 workers who lost their jobs at that plant. Sr. Cindy and John live in Calgary, Alberta, in Canada. loomistorvic@gmail.com

Br. Edwin Pun is getting married! He and *Carmel Aquitania* are planning a civil wedding in Hong Kong early in February, to be followed by a Wedding Blessing in church in the Philippines sometime in the spring of 2009. They are asking for your prayers for God's blessings on their union. pun.edwinp@gmail.com

Sr. Virginia Ford returned home on November 6th, following her surgery. As of Thanksgiving, she was up and walking around. She is able to speak but with difficulty due to the loss of so much of her tongue. She still faces radiation and other follow-up treatment including therapy for her speech and to help her with her swallowing. She treasures our prayers and messages. Because it is difficult for her to speak, e-mails and snail-mails are best. 4741 West 141st Street, Hawthorne, CA 90250-6821 virginiaaf@aol.com

Sr. Sue Moore was hospitalized in November for quadruple-bypass surgery. The good news is that her heart had not been damaged and she is recovering well, though feeling impatient (of course!) for all that to happen more rapidly. esmoore45@msn.com

Br. Richard Wittig retired last June. He and his wife *Patti* then set out traveling in their motor home, with stops across the US and in Canada including seeing family in Missouri, then on to South Dakota where they have established residency; then to Montana, Yellowstone,

Washington and Oregon. They are spending the winter in Phoenix, AZ, with more travel plans come spring. richaw44@gmail.com

Sr. Inga Freyer-Nicholas continues to suffer very serious complications from a long-ago infection with Lyme Disease. As of this writing she was again hospitalized after a fall. Please keep her and her husband **Br. Ronal Freyer-Nicholas** in your prayers. inga@freyer-nicholas.net
ron@freyer-nicholas.net

In case you've been concerned about the recent fires around Santa Barbara, CA, **Br. Bill and Lucille Beasley** are OK. They live on the opposite side of town where the fires were. Br. Bill says, "We are blest to be preserved." You might want to offer prayers for those who were in the line of the fires, though. Some 200 homes were lost. Westmont College was hard hit. And the Mount Calvary Retreat Center that was familiar to us in the Order was a total loss.
flojoe52@aol.com

Br. Stanley Tanner has just completed helping lead a course entitled "Judaism, Christianity, and Islam: Why Can't We All Just Get Along?" He was guest lecturer for the Christianity portion, along with a Rabbi who represented Judaism, and a Shi'a Muslim who represented Islam. The course was offered at the University of Southern Maine, Lewiston/Auburn Campus.
stanosl@aol.com

On December 2, 2008, **Br. Ken Van** celebrated the 25th anniversary of his profession as a member of The Order of Saint Luke. He wrote via the Cyber Chapter to share this news saying that, "The Order is something that I cherish deeply. You all have had a profound impact upon my spiritual life, understanding of the Church and my ministry. I remember you all daily in my prayers. I appreciate our community in dispersion and all of your prayers as well.
kenvan108@gmail.com



Jesus said, "My head was cold and you gave me a warm hat." To date, using a special hand loom, **Sr. Amy Beveridge** has crafted some 75 woolen winter hats to warm the heads of people on the streets of Hartford, CT. Each morning at 7:00, many of these folk must leave the shelters where they stay, not being allowed to return until dark. Wool for these hats (pictured) was a gift from **Br. Roger Baker**. bypass@rogerbaker.net tandaosl@yahoo.net

Sr. Erika Hirsch is completing her first semester as a Ph.D. student at Boston University. And she has started a new blog. This is essentially a sounding board for her hymnological and liturgical thoughts. Three postings thus far: Advent Reflections, Thanksgiving, and Advent Week One, with updates to come. Check it out at: <http://hymnodista.blogspot.com>
erika.k.hirsch@gmail.com

Sr. Heather Josselyn-Cranson will be representing The Order of Saint-Luke on the Hymnal Revision Committee of The United Methodist Church. The committee will be meeting for the first time in January. Please keep Sr. Heather and the committee in your prayers.
hjosselyn@hotmail.com

Mary Worthington, wife of **Br. Lewis Worthington** was hospitalized following a nasty fall while hiking with the family at Palo Duro Canyon in the Texas panhandle on Thanksgiving Day. She suffered multiple breaks in her left leg, ankle, and foot that required multiple operations over the course of several weeks. Br. Lewis has asked for prayers for *Mary* and himself, and for their daughters *Madison* and *Corinne*. As of this writing (a week before Christmas), *Mary's* 2nd operation had been done as an out-patient and she was at home for Christmas and recovering very quickly. lewisworthington@gmail.com

Br. Charles “Chick” and *Judy Straut* celebrated their 50th wedding anniversary at Drew University, 50 years to the day later, August 23 – and then returned to Drew in mid-September for the 50th anniversary of their graduation from the College of Liberal Arts. Congratulations, Chick and Judy! cstrauf@verizon.net

From the Prior General

Sr. Sue Moore, O.S.L.,

Mark your calendars now for the **2009 Retreat** which will be held on **October 12-15** at St. Paul of the Cross, Pittsburgh PA. Our leader will be **Dr. Heather Murray Elkins**, Associate Professor of Worship and Liturgical Studies at Drew University in Madison, New Jersey. Heather is a minister in the United Methodist church and has served as a local pastor, a university chaplain, an academic dean, and a truck stop chaplain in her almost thirty years of ministry.

Dr. Elkin's book, **Holy Stuff of Life: Stories, Poems, And Prayers About Human Things**, published in 2006, has been described as “A narrative 'treasure hunt' for the implicit holiness of human things and a quest for a transformative encounter that turns consumption into consecration.”

In our time together, Dr. Elkins will lead us through story and reflection and conversation to consider anew the ways we as individuals and as an Order are called to see holiness and to turn consumption into consecration.

Go to http://www.csec.org/csec/sermon/Elkins_4904.htm if you would like a preview of Dr. Elkins storytelling, and read her sermon, “The Life of a Spoon”.

Those attending the Council Meeting (Elected officers, appointed officers, chapter priors, and provincial companions) should plan to arrive by noon on Monday. Those just attending the retreat should arrive in time for dinner on Monday. The retreat will end with lunch on Thursday. Those staying on for the remaining session of the Council meeting should plan to leave on Friday morning.

Ordo for the Order of Saint Luke

JANUARY

T	1	The Holy Name W
F	2	W
S	3	Gilbert Haven W Eve of Epiphany W (optional)
S	4	2nd Sunday after Christmas W The Epiphany W (optional)
M	5	W/G* Eve of Epiphany W (trad.)
T	6	The Epiphany W (trad.)/G*
W	7	G*
T	8	Richard Watson G*
F	9	G*
S	10	G* Eve of the Baptism of the Lord W
S	11	Baptism of the Lord W
M	12	G
T	13	George Fox G
W	14	G
T	15	Martin Luther King Jr. G
F	16	Hiram Rhoades Revels G
S	17	Antony of Egypt G
S	18	2ND Sunday after Epiphany G
M	19	The Confession of Peter W (Trans.)
T	20	G
W	21	Agnes of Rome G
T	22	G
F	23	Sarah Ann Dickey G
S	24	Eli Stanley Jones G
S	25	3rd Sunday after Epiphany G
M	26	The Conversion of Paul W (Trans.)
T	27	John Chrysostom G
W	28	Thomas Aquinas G
T	29	G
F	30	G
S	31	John Raleigh Mott G

* Some traditions continue to use white until The Baptism of The Lord

FEBRUARY

S	1	4th Sunday after Epiphany G
M	2	The Presentation W
T	3	G
W	4	Cornelius the Centurion G
T	5	Philipp Jakob Spener G
F	6	G
S	7	G
S	8	5th Sunday after Epiphany G
M	9	G
T	10	G
W	11	Fanny Jane Crosby G
T	12	G
F	13	Absalom Jones G
S	14	G
S	15	6th Sunday after Epiphany G
M	16	G
T	17	Frances Elizabeth Caroline Willard G
W	18	Martin Luther G
T	19	G
F	20	Frederick Douglass G
S	21	Ezekial Cooper G Eve of Transfiguration of the Lord W
S	22	Transfiguration of the Lord W
M	23	Polycarp G
T	24	Matthias R
W	25	Ash Wednesday P
T	26	P
F	27	George Herbert P
S	28	P

-
- The color code is: W- White, R- Red, B- Blue, P- Purple, G- Green. Gold may be substituted for White.

*ORDO prepared by Br. John P. Fahey, Prior
New York Conference Chapter*

Please note the following:

- All Sundays, Solemnities and Feasts are in **bold** type and followed by the proper liturgical color for the day or part of the day.
- Commemorations are noted but the seasonal color is kept. Those who wish to solemnize a particular commemoration should use Red for martyrs and Holy Cross Day and White for all others.

The Font

The Order of Saint Luke
25 Tressel Street
White Sulphur Springs WV 24986

Published bi-monthly, beginning July/August 2003
Sr. Sue Moore, Editor
esmoore@alum.mit.edu

FIRST CLASS MAIL

More Ways to Stay Connected

Visit us on the web: <http://www.Saint-Luke.org>

Join the cyber chapter: Send a message to osl-subscribe@yahoogroups.com, with “subscribe” as the subject line

Information for *The Font* can be sent to me via email: esmoore@alum.mit.edu, or to:

P.O. Box 6, Durham PA 18039.

If your email address changes, please notify the Chancellor-General at chancellor@saint-luke.org and the Font editor at esmoore@alum.mit.edu in order to keep our records accurate.

Grace and Peace,
Sr. Sue Moore

Deadline for submissions for the Mar/Apr 2009 issue of <i>The Font</i> is February 20, 2009.
